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| Overview | This standard covers the competence required to maintain the health and safety of oneself and of others and for maintaining environmental standards when carrying out work activities on board ship.  **Target Group**  This standard applies to individuals at the support level on any size vessel working in any operational area. |

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| **Performance criteria**  You must be able to: | 1. carry out the work safely, following safe working practices and procedures, and ensure the work meets agreed safety and environmental standards 2. maintain and wear appropriate safety clothing and equipment 3. communicate effectively in relation to shipboard duties and emergency situations 4. continually monitor working practices and work area for safety hazards and risk 5. use the appropriate safety equipment and ensure protective devices are in place and functioning 6. give support to colleagues to ensure that they are able to work in a healthy, safe and productive way 7. promptly rectify and report, as appropriate, unsafe conditions, breaches in health and safety, and potential hazards 8. follow statutory procedures with regard to disposal of waste and to prevent pollution of the marine environment, within relevant timescales 9. identify and respond to potential emergency situations and accidents, according to specified procedures |

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| Knowledge and understanding  You need to know and understand: | 1. how to observe safe working practices 2. the safety precautions relating to maintenance, vessel operations and routine duties 3. the importance of orders and how to communicate with others in relation to shipboard duties 4. how to contribute to effective human relationships on board the vessel 5. how to comply with emergency and accident procedures 6. the precautions to prevent pollution of the marine environment 7. statutory regulations and guidelines, organisational instructions and guidance, and vessel contingency plans |

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